



JACKSON WINK MMA ACADEMY CLASS SCHEDULE UNDER 18 YEARS OLD

www.jacksonwink.com
info@jacksonwink.com
(505) 900-3947

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

KIDS MMA PROGRAM (6 - 13 YEARS OLD)

GRAPPLING

STRIKING

GRAPPLING

STRIKING

GRAPPLING

5:00PM - 6:00PM

5:00PM - 6:00PM

5:00PM - 6:00PM

5:00PM - 6:00PM

5:00PM - 6:00PM

TEEN MMA PROGRAM (14 - 17 YEARS OLD)

GRAPPLING

STRIKING

GRAPPLING

STRIKING

GRAPPLING

5:30PM - 6:30PM

5:30PM - 6:30PM

5:30PM - 6:30PM

5:30PM - 6:30PM

5:30PM - 6:30PM

BRAZILIAN JIU-JITSU (BJJ) + JUDO (6 + YEARS OLD)

BJJ

JUDO

BJJ

JUDO

BJJ

5:00PM - 5:50PM
COMING SOON

5:00PM - 5:50PM
COMING SOON

5:00PM - 5:50PM
COMING SOON

5:00PM - 5:50PM
COMING SOON

5:00PM - 5:50PM
COMING SOON

JW HIGH SCHOOL & JUNIOR WRESTLING PROGRAM (5 + YEARS OLD)

SPECIAL WORLD CLASS
GUEST INSTRUCTORS
EVERY MONDAY
6:00PM - 8:00PM

6:00PM - 7:30PM

6:00PM - 8:00PM

6:00PM - 8:00PM

6:00PM - 8:00PM

ALL TEAM...
ALL HANDS ON DECK!

ALL LEVELS, ALL PROGRAMS,
AND ALL AGES
with
COACH JACKSON
AND ASSISTANT COACHES

10:00AM - TBD

MOUNTAINS, DUNES, HILL
OF TEARS, FOOT HILLS,
LA LUZ TRAIL, AND OTHER
LOCATIONS!

LOCATION TO BE
DETERMINED AND
ANNOUNCED
IN ADVANCE.

**REST
DAY**

**REQUIRED GEAR FOR
STRIKING SPARRING OR
DRILLING CLASSES:**
BOXING/MMA SPARRING GLOVES,
SHIN GUARDS, GROIN PROTECTION
(MALES), MOUTH GUARD, KNEE
AND ELBOW PADS, HEADGEAR
(OPTIONAL)

SOME KIDS CLASSES OVERLAP OR
RUN SIMULTANEOUSLY. IF YOU
SIGN UP FOR ONE OF THE KIDS
PROGRAMS, YOU CAN UPGRADE
FOR OTHER PROGRAMS, AND MIX
AND MATCH CLASSES FOR YOUR
KIDS TO BECOME MORE WELL
ROUNDED.

PRIVATE SESSIONS AVAILABLE FOR
ALL THE CHILDREN.

DUE TO POPULAR DEMAND
ALL SALES ARE FINAL.
NO REFUNDS
ON CLASSES PURCHASED.

**EVENING
SESSIONS**